

# Your Learning Style

Read about these learning styles and see which one fits you best. Once you know your own style, you can work on polishing it up so that you learn more easily.

## Are You ... AN AUDITORY LEARNER?

An auditory learner learns by listening. Do you sometimes read things aloud to yourself so that you can hear them and understand them? Do you really like it when the teacher explains things rather than writes them for you to read? When you try to remember something, can you sometimes “hear” in your mind the way it was told to you? If you learn things most easily when they are explained to you and if you like learning from listening and speaking, then you are an auditory learner.



### Listen and Learn

Auditory learners do great with “study buddies.” They learn best when they can talk to someone else about the material. If you are an auditory learner, find someone else in your class who learns that way too, and the two of you can really help each other succeed.

When you’re studying alone, do it in a place where you won’t disturb anyone so that you can read your notes and textbook aloud to yourself. Of course, you’ll want to do this in a quiet place where music, TV, or other sounds won’t distract you.

If you have to read a book and need help going over it, check the library to see whether it is available on CD. Listening to a book might help you understand it better than reading it.

When you’re studying math, read the information aloud. Then explain it to yourself in your own words – aloud, too. If you have to remember things in a special order, read the list aloud to yourself, over and over.

### Use News To Build Skills

Learning standard: evaluating career opportunities

After reading about the different learning styles on these three pages, you’ll understand that people take in information in different ways. It’s great if you can match your job or career choice to your learning style. Check out the Help Wanted ads in the newspaper. Find a job or jobs that would be good for a person with each learning style. Write your choice for each and the reason why you think the job matches the learning style. Which job is best for your learning style?

