

Bullying is a **BIG** Problem!

Your classroom and school should have rules about bullying.

Those rules can keep you safe. Talk with your teacher and your classmates about the rules and how they can be enforced. Brainstorm a list of words you think of when you hear the word “bully.” Then do the same for the word “victim.” Then talk about the word “empathy.” Talk about what it means to think about being in another person’s place in order to feel what that person is feeling.



According to the Bureau of Justice Statistics: Case studies of school shootings show that bullying is a factor in most cases.

Herald-Leader Activity:

Your school should have a bully box. It’s a box where kids can write anonymous notes to report any bullying they see. Look in the Herald-Leader to see how display ads are designed. Create one advertising the bully box and encouraging people to use it.

Books about Bullying:

Blubber by Judy Blume

A classic! Jill goes along with the rest of her fifth-grade class in tormenting a classmate and then finds out what it’s like when she, too, becomes a target.

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