

# Bullying is a **BIG** Problem!

**A bully can be anyone.** Bullies are often the “cool” kids. They may be kids who have suffered some abuse or witnessed some abuse at home. They may be kids who are popular but are afraid they’ll lose that position.

Bullying is about power. Making the victim feel weak makes the bully feel powerful. In this twisted way, bullies feel better about themselves when they hurt others. Bullies truly have low self-esteem. They just hide that fact by showing power.

According to the Bureau of Justice Statistics: One out of every five kids admits to being a bully.

## **Herald-Leader Activity:**

How many acts of violence are reported in today’s Herald-Leader? Break your class into groups with each group skimming a different section of the Herald-Leader. Add the totals. What conclusions can you draw about our society?

Are we violent? Can that be changed? How?

*Books about Bullying:*

**Cliques, Phonies,  
& Other Baloney** by Trevor Romain



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