

Northern KY students GEAR UP for health

Last spring, the North Central Area Health Education Center (NC AHEC) sponsored a career exploration day for students from Newport Middle School, which participates in the GEAR UP Kentucky program. The GEAR UP Health Careers Expo, designed to help students examine various health careers, was held on the Covington campus of Gateway Community and Technical College. A total of 116 students took part in the day's activities.

Local health professionals volunteered their time to introduce the students to four different areas of health care, lead discussions, and answer questions about their careers. The instructors brought a variety of instruments and other medical tools for the students to handle and manipulate.

Mary Kay Foltz, a surgical nurse at St. Elizabeth Medical Center in Edgewood, discussed common surgical procedures and careers in the surgical area, including nursing and surgical technology.



Surgical nurse Mary Kay Foltz shows a variety of surgical tools to students.

Students and their teachers gave the day's activities excellent marks, and several students said they would definitely consider a career in a health field. Expo organizer Laura Pears, health careers coordinator at NC AHEC, said future collaboration with GEAR UP Kentucky is planned.

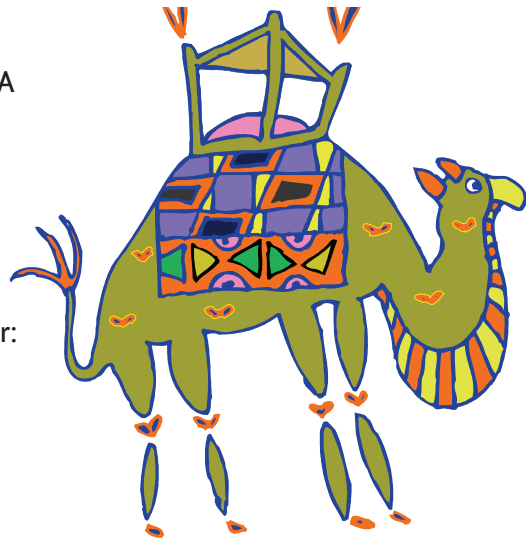
Source: Compass – Pointing the Way to Health, North Central Area Health Education Center publication, Spring 2008.

Knott County students take 'College Caravan'

Right before school let out for the summer, Knott County Central High School students were busy preparing for college through a workshop called "College Caravan."

The workshop gave students information to help them prepare for college. Several individuals from colleges, universities, and state and private agencies made the event successful. During the day-long event, students attended seven 45-minute workshops:

- Test Taking Strategies and Organizational Skills, Workshop Leader: Jennifer Chester, Hazard Community and Technical College
- Communication Skills, Workshop Leader: Judy Johnson, Hazard Community and Technical College
- Making the Most of High School for College Preparation, Workshop Leader: Rebecca Hobbs, University of Kentucky
- Financial Aid, Workshop Leader: April Graham, KHEAA
- Career Choices, Workshop Leader: Celesta Riffe, GEAR UP Kentucky II
- PLAN Test, Workshop Leader: Dianne Collins, Knott County Central High School
- Diversity, Workshop Leader: GEAR UP Kentucky II staff



This great event was co-coordinated by Dianne Collins, Knott County Central counselor, and GEAR UP Kentucky staff housed at Hazard Community and Technical College.

'Nifty' Tates Creek student to represent state

Surya Green, who just completed the eighth grade at Tates Creek Middle School in Fayette County, will represent Kentucky this fall in the NFTE competition in New York. NFTE (pronounced nifty) stands for the National Foundation for Teaching Entrepreneurship. NFTE has been sponsored by GEAR UP Kentucky since 2001.

In the NFTE program, students learn business concepts, practice such skills as negotiation and pricing, and complete plans for their own businesses.

Surya, whose concept is a jewelry-making business called *SuCar* by Design, won first-place honors in the statewide NFTE contest on May 31 at Kentucky State University.

Second place went to Halli Miller of Bath County Middle School for "FRAMED," a personalized photo frame business.



Have you updated your GoHigherKY account lately? If not, take a cue from these Green County students and visit www.GoHigherKY.org to update it today!

GoHigherKY.org helps students plan for college

Preparing for college is a tough process for students, parents, and school personnel. GoHigherKY.org can help make the difficult decisions much easier.

GoHigherKY provides the essential information needed to guide students in selecting a school and a career and learning how to pay for college. By guiding students to the GoHigherKY site, you are providing a one-on-one process that could lead to a successful college experience. Each tab on the home page takes the student to a new level of knowledge. We'll highlight one tab in each issue of the *GEAR UP Gazette*.

Blue tab: plan for college — Students can get an in-depth look at what they can do to prepare for college, get into college, and information about entrance and placement tests and the roles these play in going to college.

plan for college

Surya recently appeared on *In the Know*, a TV show hosted by GEAR UP Project Associate Angela Roberts and sponsored by Fayette County Public Schools. Surya, now at Tates Creek High School, said she donates \$1 from every jewelry sale to the Lupus Foundation of America.

Congratulations, Surya! Congratulations, also, to your Tates Creek Middle School NFTE instructors, Devon Adams and Anisha Beatty-Adams, and principal, Greg Quenon.

A special thank you to Omari Gletten of GEAR UP Kentucky, who was the program consultant for the NFTE program, and to all of the GEAR UP Kentucky NFTE teachers and judges.

Source: <http://www.fcps.net/news/press-releases/2007-08/tates-creek-entrepreneur>

Contact: Lisa Deffendall • First Posted: Wednesday, June 4, 2008.