

# A TACTILE LEARNER?

If you learn with your hands, you may be a tactile (or kinesthetic) learner. If you love learning by touching things and moving them around in order to understand them, this might be your learning style. If this is you, you probably really like “hands-on experiences.”

## ***See It. Feel It. Make it Yours!***

Drawing pictures will help you stay focused. If you're writing notes, don't worry about spelling or grammar; just get the important information on paper as words or in a chart. When you are studying those notes at home, walk around and read your notes aloud. And think about ways you could make models of what you are studying so that you can create a study tool that you could hold and work with. For example, let's say you need to alphabetize a list of words. Instead of listing the words on a piece of paper, you might find it easier to write each word on a 3x5 card so you could actually move the cards around to get them in order.



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