

# Get ready for Thanksgiving

Thanksgiving Day is what its name implies: a day during the year to give thanks.

Originally this day was set aside to give thanks for a plentiful harvest. But modern Thanksgiving observances not only celebrate Earth's bounty but also all good fortune. Families gather for big dinners and reunions.

Thanksgiving Day is normally associated with food – lots of it.

Scan the Herald-Leader grocery ads and identify the traditional Thanksgiving Day foods. Talk about how some of those foods, such as cranberries, became “traditional” because of their availability for the first Thanksgiving observances.

Plan a Thanksgiving Day menu that includes only items locally grown or produced.

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